I Fall and Then I Rise Again

Michael East
(1580?-1648)

Soprano I

I fall and then I rise a - gain a- loft,

Soprano II

I fall and then I rise a-gain a- loft,

Tenor I

I fall and then I rise a - gain a-

Tenor II

I fall and then I rise a -

Bass

5

S

I fall and then I rise a - gain a - loft,

a - gain a - loft, I fall and then I rise a - gain

loft, a-gain a - loft, I fall and

gain a-loft, a-gain a - loft, I fall and then I rise a -

B

I fall and then I rise a - gain a-loft, a - loft,

10

S

a - gain a - loft, I fall and then I rise a-gain a - loft, I sing and

a- loft, I fall and then I rise a - gain a- loft, I sing and

then I rise a - gain a - loft, a-gain a - loft, I sing and

gain a - loft, a - gain a - loft,

B

I fall and then I rise a - gain a - loft,

20

S

sigh, and all with-in a - stound, I slept on stones,

sigh, I sing and sigh, and all with-in a - stound, I slept on stones,

sigh, I sing and sigh, and all with-in a - stound, I slept on stones, I

I sing and sigh, and all with-in a - stound, I slept on

B

I sing and sigh, and all with-in a - stound, I slept on

S

al-though my bed be soft, I slept on stones, on stones, al -

al - though my bed be soft, I slept on stones, al -

slept on stones, al - though my bed be soft, I slept on

stones, al-though my bed be soft, I slept on stones,

B

stones, al-though my bed be soft, al -

30

S

though my bed be soft, I climb full high, I climb full

though my bed be soft, I climb full high, I climb full

stones, al-though my bed be soft, I climb full high,

al - though my bed be soft,

B

though my bed be soft,

S

high, I climb full high, then tum- ble to the

high, I climb full high, then tum- ble to the

I climb full high, I climb full high, full high, then tum- ble to the

B

ground,

ground,

ground, 1 climb full high, I climb full high, I climb full

I climb full high, I climb full high, I climb full

I climb full high, I climb full high,

S

then tum- ble to the

then tum- ble to the

high, then tum- ble to the ground, then tum-ble to the

high then tum- ble to the ground,

B

I climb full high, full high, then tum- ble to the ground, then tum- ble

45

ground, then tum- ble to the

ground, then tum - ble, tum- ble to the

ground, then tum- ble to the ground, to the

then tum- ble to the ground, then tum-ble to the

to the ground, then tum- ble to the ground, then tum - ble to the

50

S

ground, thus my poor heart with Cu - pid's dart sore wound -

ground, thus my poor heart with Cu - pid's dart sore wound -

ground, thus my poor heart with Cu - pid's dart sore wound -

ground, thus my poor heart with Cu - pid's dart sore wound -

B

ground, thus my poor heart with Cu - pid's dart sore wound -

55

S

ed, doth tire it-self, doth tire it-self, and thus sweet love is found -

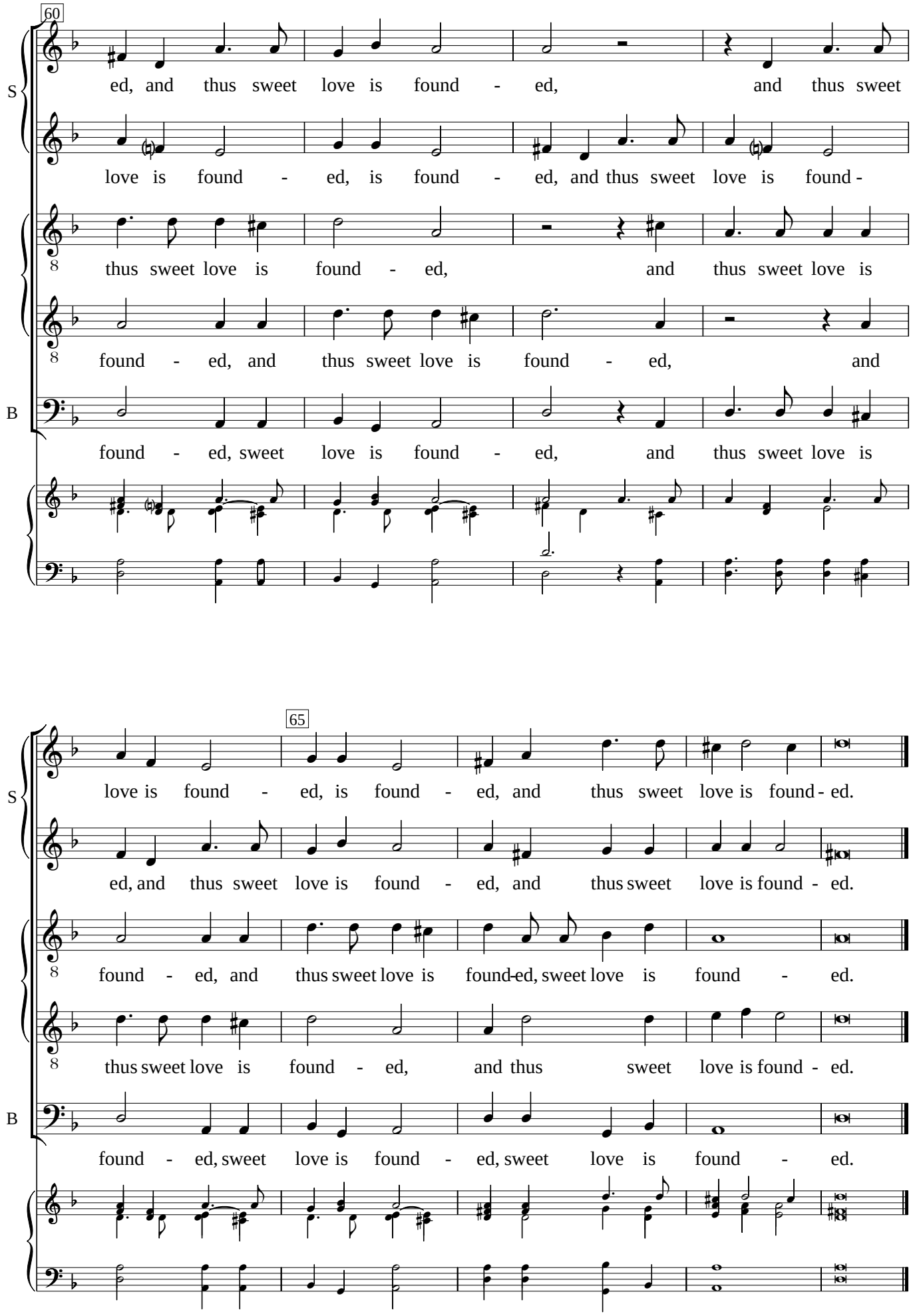
ed, doth tire it-self, doth tire it-self, and thus sweet

ed, doth tire it-self, doth tire it-self, doth tire it-self, doth tire it - self, and

ed, doth tire it-self, doth tire it - self, and thus sweet love is

B

ed, doth tire it-self, doth tire it - self, and thus sweet love is


60
S
ed, and thus sweet love is found - ed, and thus sweet
love is found - ed, is found - ed, and thus sweet love is found -
thus sweet love is found - ed, and thus sweet love is
found - ed, and thus sweet love is found - ed, and
B
found - ed, sweet love is found - ed, and thus sweet love is
65
S
love is found - ed, is found - ed, and thus sweet love is found - ed.
ed, and thus sweet love is found - ed, and thus sweet love is found - ed.
found - ed, and thus sweet love is found-ed, sweet love is found - ed.
thus sweet love is found - ed, and thus sweet love is found - ed.
B
found - ed, sweet love is found - ed, sweet love is found - ed.