

Manidhara

# Sevenfold Puja

## VII

# Transference of Merit and Self Surrender

The Sevenfold Pūjā is a Buddhist devotional ritual whose text is taken from The Guide to the Buddhist's Way of Life (the Bodhicaryāvatāra) of Shāntideva. It was written sometime in the mid 8th century in India. Shāntideva was a Buddhist monk, scholar, philosopher and talented Sanskrit poet.

The Pūjā (a Sanskrit word simply meaning ‘Worship’) is divided into seven distinct sections, each emphasising or expressing a particular emotional and spiritual aspiration, the verses of which are traditionally chanted in call-and-response. They are: Worship; Salutation; Going for Refuge; Confession of Faults; Rejoicing in Merit; Entreaty and Supplication; Transference of Merit and Self-Surrender. The sixth section is often followed by the recitation of the Heart Sutra, one of the most important of all Buddhist texts.

## Transference of Merit and Self Surrender

Manidhara

**Allegretto** ♩ = 96

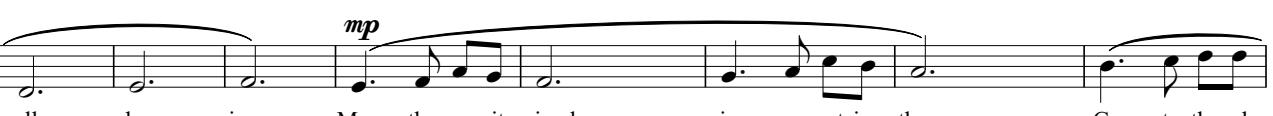
SOPRANO 

ALTO 

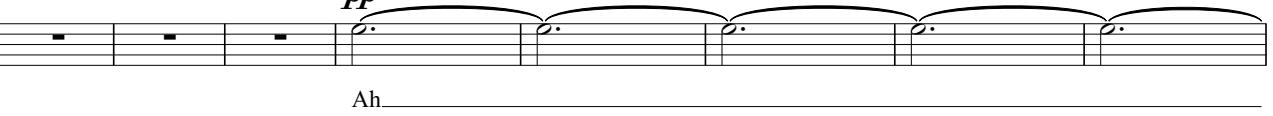
Piano (for rehearsal) 

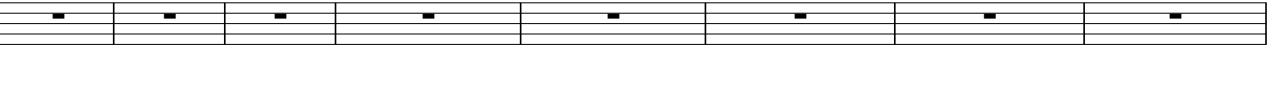
May the me-rit gained in my act-ing thus Go to the al - le-vi-a-tion of the suf-fer-ing of  
Ah.

**Allegretto** ♩ = 96

S 

A 

T 

B 



all be - ings. May the me-rit gained in my act-ing thus Go to the al-  
May the me-rit gained in my act-ing thus  
Ah.

16

le - vi - a - tion of the suf - fer - ing of all be - ings. May the me - rit gained

Go to the al - le - vi - a - tion of the suf - fer - ing of all be - ings. May the me - rit

*mp*

May the

*pp*

Ah

23

in my act-ing thus Go to the al - le - vi - a - tion of the suf - fer - ing of all

gained in my act-ing thus Go to the al - le - vi - a - tion of the suf - fer - ing of

me - rit gained, May the me -

29

be - ings. May the me-rit gained in my act-ing thus Go to the al-

all be - ings. May the me-rit gained in my act-ing thus

rit gained, May the me - rit gained,

*mf (like timpani)*

My per - so - na-li-ty through - out my ex -

36

le - vi - a - tion of the suf - fer - ing of all be - ings. May the me-rit

Go to the al - le - vi - a - tion of the suf - fer - ing of all be - ings.

May the me - rit gained, May

ist - en - ces, My pos - ses - sions, And my me - rit in all three

42

gained in my act-ing thus Go to the al - le - vi - a-tion of the suf-fer-ing of  
 May the me-rit gained in my act-ing thus Go to the al - le - vi - a-tion of the  
 the me - rit gained, May the  
 ways, I give up with-out re - gard to my - self For the

48

all be - ings. Just as the earth and oth-er  
 suf-fer-ing of all be - ings. Just as the earth  
 me - rit gained, Ah  
 be - ne-fit of all be - ings.

57

el - e-ments Are ser - vice-a - ble in ma - ny ways to the in - fi - nite num - ber of  
and oth - er el - e-ments Are ser - vice-a - ble in ma - ny ways to the in - fi - nite

62

be - - ings, Just as the earth and oth - er el - e-ments Are ser - vice-a - ble  
num - ber of be - - ings, Just as the earth and oth - er el - e-ments Are  
In - - ha - bit - - ing  
Ah.

69

in ma - ny ways to the in - fi - nite num-ber of be - ings, Just as the earth  
ser - vice - a - ble in ma - ny ways to the in - fi - nite num-ber of be - ings, Just as the  
li - mit - less space, In - - -

76

and oth-er el - e-ments Are ser - vice - a - ble in ma - ny ways to the in - fi - nite  
earth and oth-er el - e-ments Are ser - vice - a - ble in ma - ny ways to the  
-ha - bit - ing li - - -

So may I be - come that which main-tains all be - ings,

81

num - ber of be - - ings, Just as the earth and oth-er  
in - fi - nite num-ber of be - - ings, Just as the earth  
- mit - - less space, In - - ha -  
si - tu - at - ed through-out space, So long as all have not at - tained to

87

el - e-ments Are ser - vice-a - ble in ma - ny ways to the in - fi - nite num - ber of  
and oth - er el - e-ments Are ser - vice-a - ble in ma - ny ways to the in - fi - nite  
bit - - ing li - - - - mit - -  
peace, So long as all have not at - tained to peace, So

92

rall.

be - - - ings,

num - ber of be - - - ings,

less space,

long \_\_\_\_ as all have not at - tained\_\_\_\_ to peace, So long as all have not at -

rall.

98

A tempo

*ppp*

peace.

*ppp*

peace.

*ppp*

peace.

*pp*

*ppp*

tained\_\_\_\_ to\_\_\_\_ peace.

A tempo

*pp*

*ppp*

107

A musical score consisting of five staves. The top three staves are in treble clef, and the bottom two are in bass clef. The key signature is four flats. Measure 107: Treble staff has eighth-note pairs (dotted). Bass staff has eighth-note pairs (dotted). Measure 108: Treble staff has eighth-note pairs (dotted). Bass staff has eighth-note pairs (dotted). Measure 109: Treble staff has eighth-note pairs (dotted). Bass staff has eighth-note pairs (dotted). Measure 110: Treble staff has eighth-note pairs (dotted). Bass staff has eighth-note pairs (dotted). Measure 111: Treble staff has eighth-note pairs (dotted). Bass staff has eighth-note pairs (dotted).