

Manidhara

Sevenfold Puja
VII
Transference of Merit
and Self Surrender

The Sevenfold Pūjā is a Buddhist devotional ritual whose text is taken from The Guide to the Buddhist's Way of Life (the Bodhicaryāvatāra) of Shāntideva. It was written sometime in the mid 8th century in India. Shāntideva was a Buddhist monk, scholar, philosopher and talented Sanskrit poet.

The Pūjā (a Sanskrit word simply meaning 'Worship') is divided into seven distinct sections, each emphasising or expressing a particular emotional and spiritual aspiration, the verses of which are traditionally chanted in call-and-response. They are: Worship; Salutation; Going for Refuge; Confession of Faults; Rejoicing in Merit; Entreaty and Supplication; Transference of Merit and Self-Surrender. The sixth section is often followed by the recitation of the Heart Sutra, one of the most important of all Buddhist texts.

Transference of Merit and Self Surrender

Manidhara

Allegretto ♩ = 96

SOPRANO *p*
May the me-rit gained in my act-ing thus Go to the al - le - vi - a - tion of the suf - fer - ing of

ALTO *pp*
Ah

Piano (for rehearsal) *p*
Allegretto ♩ = 96

8
S *mp*
all be - ings. May the me-rit gained in my act-ing thus Go to the al -

A *mp*
May the me-rit gained in my act-ing thus

T *pp*
Ah

B

mp

16

le - vi - a - tion of the suf - fer - ing of all be - ings. May the me - rit gained

Go to the al - le - vi - a - tion of the suf - fer - ing of all be - ings. May the me - rit

May the

Ah

mp

pp

mp

23

in my act - ing thus Go to the al - le - vi - a - tion of the suf - fer - ing of all

gained in my act - ing thus Go to the al - le - vi - a - tion of the suf - fer - ing of

me - rit gained, May the me -

29

be - ings. May the me-rit gained in my act-ing thus Go to the al -

all be - ings. May the me-rit gained in my act-ing thus

rit gained, May the me - rit gained,

mf (like timpani)

My per - so - na - li - ty through - out my ex -

36

le - vi - a - tion of the suf-fer-ing of all be - ings. May the me-rit

Go to the al - le - vi - a - tion of the suf-fer-ing of all be - ings.

May the me-rit gained, May

ist - en - ces, My pos - ses - sions, And my me - rit in all three

42

gained in my act-ing thus Go to the al - le - vi - a - tion of the suf - fer - ing of
 May the me - rit gained in my act - ing thus Go to the al - le - vi - a - tion of the
 the me - rit gained, May the
 ways, I give up with - out re - gard to my - self For the

48

all be - ings. Just as the earth and oth - er
 suf - fer - ing of all be - ings. Just as the earth
 me - rit gained, Ah
 be - ne - fit of all be - ings.

57

el - e - ments Are ser - vice - a - ble in ma - ny ways to the in - fi - nite num - ber of
and oth - er el - e - ments Are ser - vice - a - ble in ma - ny ways to the in - fi - nite

62

be - ings, Just as the earth and oth - er el - e - ments Are ser - vice - a - ble
num - ber of be - ings, Just as the earth and oth - er el - e - ments Are
In - ha - bit - ing
Ah

69

in many ways to the infinite number of beings, Just as the earth
 serviceable in many ways to the infinite number of beings, Just as the
 limitless space, In

76

and other elements Are serviceable in many ways to the infinite
 earth and other elements Are serviceable in many ways to the
 habiting limitlessly.
 So may I become that which maintains all beings,

81

num - ber of be - ings, Just as the earth and oth - er
 in - fi - nite num - ber of be - ings, Just as the earth
 -mit - - less space, In - - - ha -
 si - tu - at - ed through - out space, So long as all have not at - tained to

87

el - e - ments Are ser - vice - a - ble in ma - ny ways to the in - fi - nite num - ber of
 and oth - er el - e - ments Are ser - vice - a - ble in ma - ny ways to the in - fi - nite
 bit - - ing li - - - mit -
 peace, So long as all have not at - tained to peace, So

92

rall.

be - - ings,
 num - ber of be - - ings,
 less space,
 long as all have not at - tained to peace, So long as all have not at -

rall.

98

A tempo

peace.
 peace.
 peace.
 tained to peace.

ppp
ppp
ppp
pp *ppp*

A tempo

107

The musical score consists of five systems. The first four systems are vocal parts, and the fifth system is the piano accompaniment. The key signature is three flats (B-flat, E-flat, A-flat), and the time signature is 4/4. The vocal lines feature a melodic line with eighth notes and a bass line with half notes. The piano accompaniment features a treble clef with chords and a bass clef with a rhythmic pattern of eighth notes. A fermata is present over the final measure of the piano accompaniment.

107

108

109

110

111

112